

**Sustainability is playing a big part in our lives,
little changes can make a big impact on our environment.**

Sewing can create a variety of waste, dig out fabric scraps from the sewing bin or the saved scraps from the back of the cupboard and use them to make something you can use everyday. These useful snack pouches can be cleaned and handwashed.



WHAT YOU WILL NEED

Janome Sewing Machine
Janome Ultra Glide Foot
Embroidery Anti-Glue Needle (Organ Brand)
Needles available to purchase from Janome Dealers
PN:5117075BL

Janome Plastic Bobbin
Scissors (cut fabric)
Fabric marking pen
Fine dressmaking pins
Tape Measure
Cutting mat | Quilting ruler | Rotary cutter
Small ironing board and Iron
Fabric Clips optional

Tip: When washing the reusable pouches, handwash using tepid water and mild detergent, leave them to air dry.

If the vinyl becomes wrinkled due to continuous washing, simply re-iron it. See information at Step 5 on page 3.

FABRIC & NOTIONS

Cotton Fabric wash before using & iron
Heat n Bond Iron-on Vinyl (clear with gloss finish)
Velcro tape - hook & loop
Thread for construction to match fabric

CUTTING INSTRUCTIONS

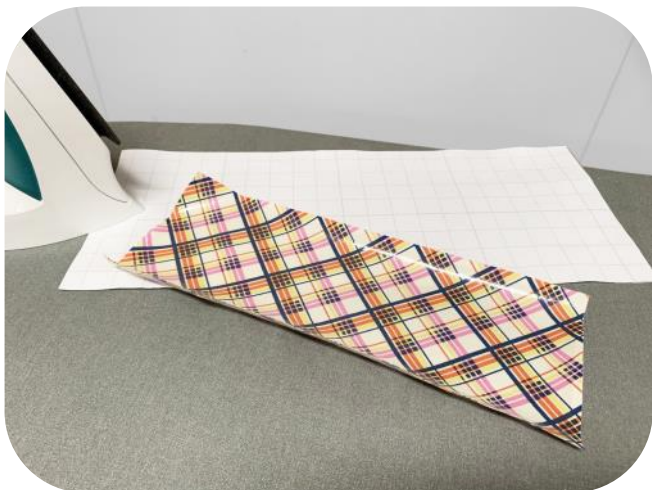
Cotton Fabric (must be pre-washed & ironed)
Cut 2 pieces 5" x 12" | 12cm x 30cm
Cut 2 pieces 7" x 16½" | 18cm x 42cm
Heat'n'Bond iron-on vinyl
Cut 2 pieces 4¾" x 11¾" | 11cm x 29cm
Cut 2 pieces 6¾" x 16¼" | 17cm x 41cm
Velcro tape (hook & loop)
Cut 1 piece 2½" | 7cm
Cut 1 piece 5" | 13cm

INSTRUCTIONS

Step 1

Take cut pieces of heat n bond clear vinyl and fuse to the right side of the fabric as per the vinyl manufacturer's instructions.

Note: Ensure there are no loose threads or fibers caught between the vinyl and the fabric when bonding the vinyl to the fabric.



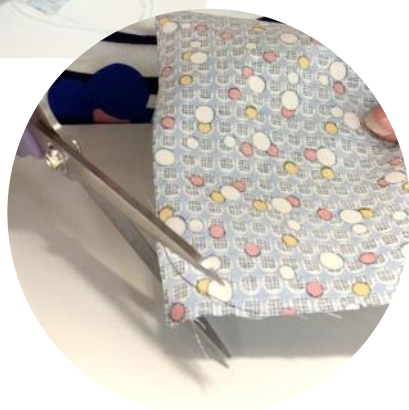
Step 2

Once the right side of all your fabric pieces have been coated in the heat n bond vinyl, use a cup or glass to draw.



Then cut off the drawn rounded corners.

Tip: Cut with Heat'n'Bond side up.



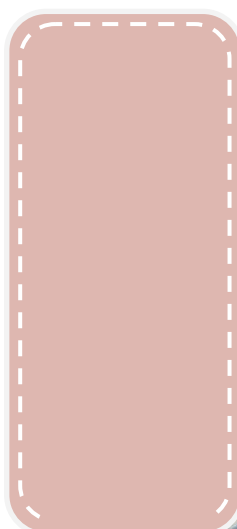
Step 3

Place your fabric pieces right sides together and pin close to the edges.



Step 4

Sew 1cm in from edge along the two sides and top (leave bottom open), removing pins as you go.



Step 5

Snip the corners of your rounded edge and turn fabric to right side facing out. If your vinyl wrinkles during this process, simply use baking paper or the backing paper from the vinyl sheet. Iron the vinyl for just a few seconds.

Tip: Use the paper on the top and bottom of the fabric to protect your iron and ironing board.



Step 6

Turn in the bottom open edge, press if required using the paper. Close with a straight stitch.



Step 7

Sew one side of Velcro strip to the bottom of the fabric and corresponding strip to the top of the other side of fabric, see pictured below.

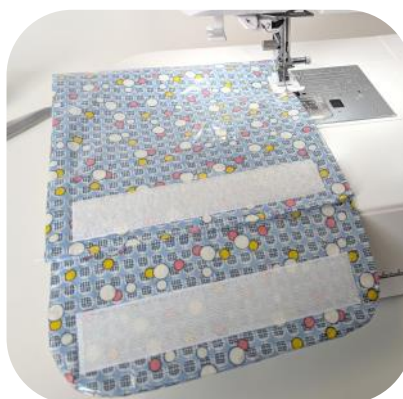
NOTE: When the pouch is folded, the Velcro strips should meet.



Step 8

Topstitch around the outer edge, this will enclose the pouch sides.

Recommend starting at the bottom of the pouch, up the side, around the top flap and down.



FINISH.

