

CONVERTIBLE TOWEL TOTE RUG

Accessory of the Month January 2019

Janome Overcast Foot (M)



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Requirements

- Janome Sewing Machine
- Janome Overcasting foot (M)
- Janome Standard Sewing Foot (A)
- Janome 1/4" foot (O)
- Janome Satin Stitch Foot (F)
- 2 towels that are at least 140cm long
- (8) - 4" x 6" rectangle of contact cotton fabric.
- 6m pompom trim
- 6m rope or ribbon
- 5m hem facing
- Construction thread
- Thread to match the trim
- Ruler
- Rotary cutter
- Mat
- Scissors and snips
- Tape measure
- Pins
- Marking Pen
- Seam Ripper
- Point turner
- Iron and ironing board
- Empty bobbins
- Size 14 Janome needles

Instructions:

1. Lay towels side by side with long edges together.
2. Select triple zig zag on the machine.
3. Attach the standard sewing foot (A).
4. Sew the length of the towels with them butted together to form one large towel. | Figure A
5. Take the hem tape and cut two pieces the length of the towels.
6. Lay one piece over the join on one side and pin in place.
7. Sew the left and right sides of the hem tape to secure to the back side of the towel using a straight stitch approximately 2mm in from the folded edge of the hem tape. | Figure B.
8. Flip the towel over to the right side and lay the second piece of hem tape over the sewing lines. Pin in place.
9. Select triple zig zag on the machine and sew the left and right sides of the hem tape to secure over the join on the towel. | Figure C.
10. Lay the towel out and round the corners and trim all sides to remove the binding that the towel was purchased with.

(Note: You may choose to fold the towel to cut the corners the same or create a template for the curve you wish to create.)



Figure A



Figure B



Figure C

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Instructions:

10. Attach the Overcasting foot (M) to the machines.
11. Select the overcasting stitch on the machine
(Note: The Overlock stitch is available on some machines; the stitch finishes the edges of fabric in a way similar to a commercial overlocking machine for a professional look. Refer to your machines instruction book for stitch options and tension settings)
10. Place the towel edge next to the guide of the foot and sew all the way around the outer edge. | Figure D.
11. Pin the trim to the edge of the towel with the pompoms facing away from the middle of the towel.
12. Attach the Satin Stitch Foot (F) to the machine.
13. Select the triple zig zag and thread the machine with the matching colour thread to the trim.
(Note: Depending on the trim width you may need to increase or decrease your stitch width.)
10. Sew the trim in place on the edge of the towel. | Figure E.
11. Attach the 1/4" foot to the machine.
12. Select the 1/4" straight stitch on the machine.
13. Take the eight rectangles of contrast fabric and fold in half to create 2" x 6" rectangles.
14. Sew around the 3 open edges leaving a gap on the long side to turn the tab through. | Figure F.
15. Press the tabs flat using the iron.
16. Lay the towel out and place the 8 tabs evenly around the perimeter approximately 2.5" in from the edges.
17. Select the three step straight stitch and lengthen to 3.5mm.
18. Attach the standard sewing foot (A)
19. Stitch down the two long sides of each tab to secure in place. | Figure G.
20. Thread the robe or ribbon through the tabs and tie together at the end to form the handles for the bag when in use.
21. You may choose to add a pocket on the rug to store small valuables do so at this point.
22. Your convertible towel tote bag is now complete

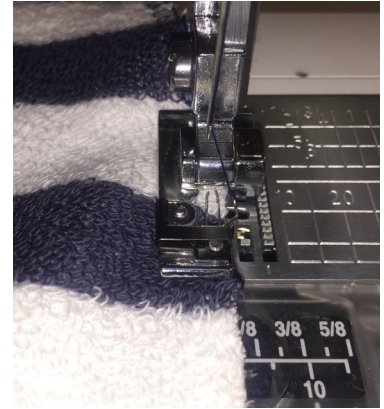


Figure D



Figure E

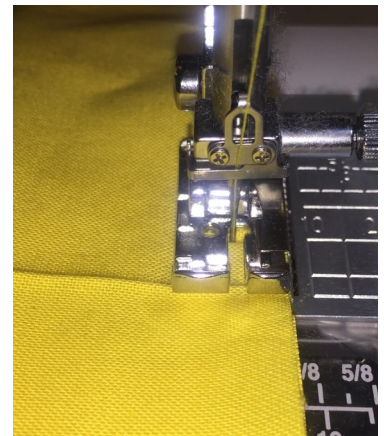


Figure F



Figure G