

FESTIVE TABLE RUNNER

Accessory of the Month December 2018

Sliding Guide Foot



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Requirements

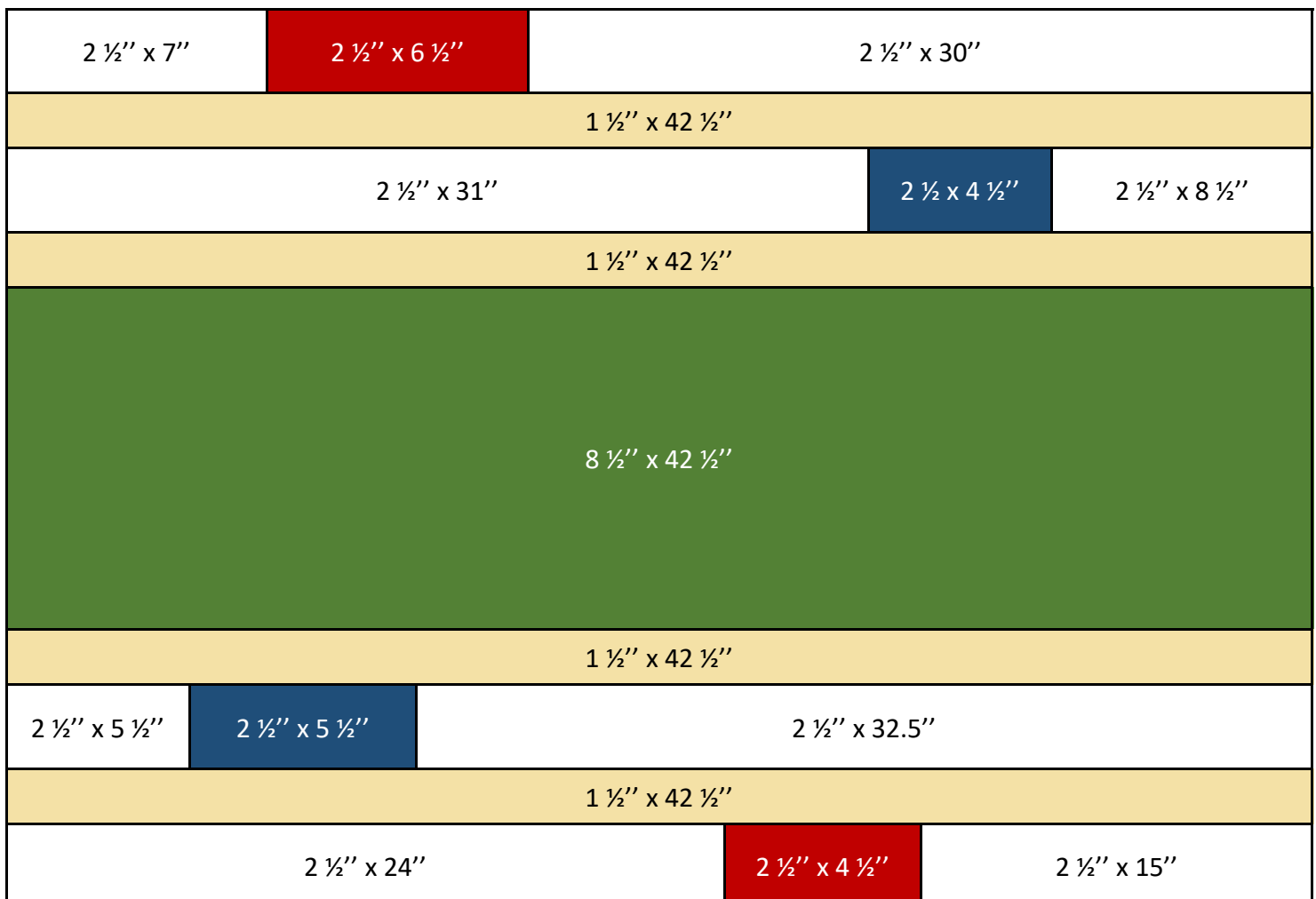
- Janome Sewing Machine
- Sliding Glide Foot
- Selection of fabrics x WOF for strips
- Scraps of fabric for smaller sections
- 70cm x WOF for the backing
- 21" x 43" wadding
- Construction and decorative threads
- ¼" sewing foot
- Ruler, rotary cutter, mat
- Scissors and snips
- Tape measure
- Pins / quilting clips
- Seam Ripper
- Iron and Ironing board

Instructions:

Working from top to bottom on the layout diagram below cut and sew using 1/4" seams.

1. First sew the strips with piecing together to create long strips.
2. Press seams then sew the rows together to create the runner.
3. Press all seams using the iron.
4. Trim the runner length to 42" long.

Follow on to the next page for the next steps to embellish and complete the runner



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Instructions:

1. Lay out the backing fabric with the right side of the fabric against the table surface.
2. Centre the wadding on top of the backing.
3. Lay the pieced runner right side up on top of the wadding so that there is about ½'' of wadding showing on each side of the runner top. | Figure A
4. Start with one side and fold the raw edge into the edge of the wadding. | Figure B
5. Then fold the folded edge onto the front of the runner. | Figure C
6. At the corner fold the corner down the edge of the next side in line with the edge of the runner. | Figure D
7. Then fold the raw edge of this side in to the edge of the wadding. | Figure E
8. Then fold this edge over onto the front of the runner to create the mitred corner. | Figure F
9. Continue this process around all the edges of the runner pinning as you go.
10. Thread the machine with matching thread in the top and bobbin.
11. Select a decorative stitch to sew around the binding.
12. Attach the sliding guide foot to the machine.
(Note: The packaging for this foot has the widths that match to the markings on the arm of the foot for easy reference.)
13. Set the gauge on the foot to the required width for your binding. For our sample this was at 5/8'' marking. | Figure G
14. Line up the outer edge of the binding with the gauge and then sew around the four sides of the binding. | Figure H & I
15. Continue to reset the width of the foot to create more rows of decorative stitching should you wish to embellish the middle of the runner. | Figure J



Figure A

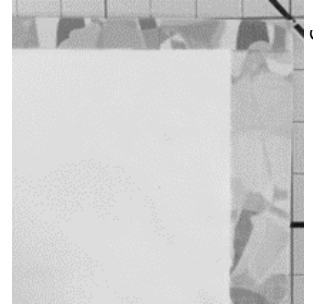


Figure B

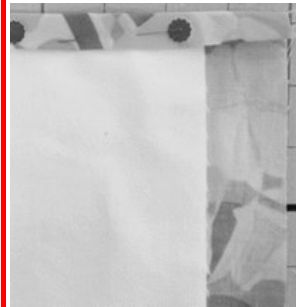


Figure C

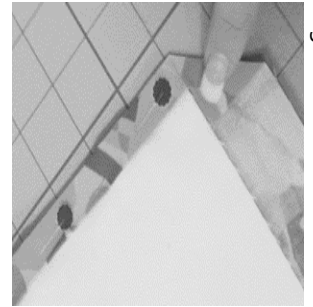


Figure D

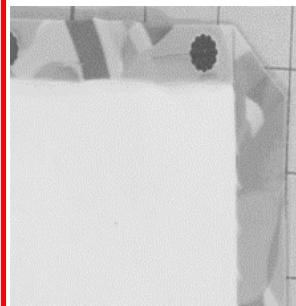


Figure E

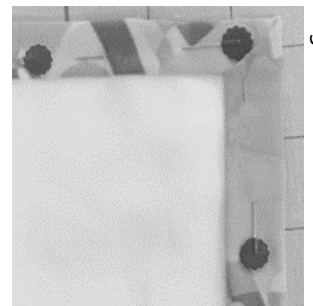


Figure F

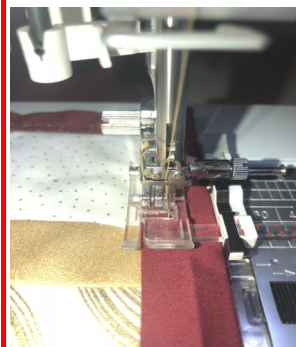


Figure G

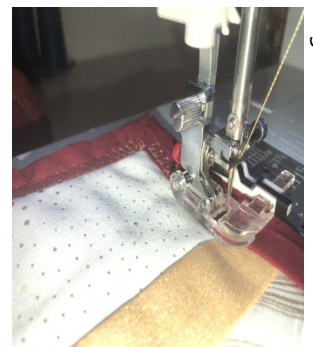


Figure H



Figure I

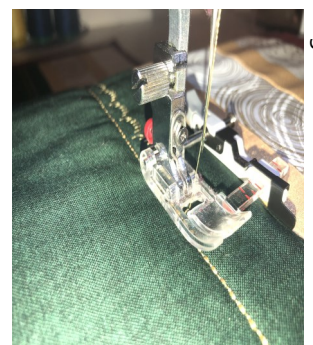


Figure J