PROJECT



Accessory of the Month

November 2023

Bolster Cushion Overlocker Cloth Guide

WHAT YOU WILL NEED

Janome Overlocker [used AirThread 2000D for project] Janome Overlocker Cloth Guide (PN 200216100) Janome Overlocker Gathering Attachment (PN 200217101) Janome Overlocker Ballpoint Needles #12 Fabric Clips Chalk Pencil Bodkin or Safety Pin Easy Thread Hand Sewing Needle Cutting Mat | Quilting Ruler 6½"x 24" | Rotary Cutter Small ironing board and Iron OPTIONAL: Sewing machine & Button Sewing Foot (T)

FABRIC & NOTIONS (materials to make 1)

Fabric 1 Solid colour

- 50cm x width of fabric 107cm (20"x 42")
- Fabric 2 Solid colour
- 30cm x width of fabric 107cm (12"x 42")

Fabric 3 Patterned

- 15 cm x width of fabric 107cm (6"x 42")
- Fabric 4 Patterned
- 25 cm x width of fabric 107cm (10"x 42")
- **Rickrack:** 16mm x 2½ M| ½"x 100"
- **Ribbon:** 10mm x 120 cm | 0.4" x 48"
- Cushion insert: 51cm (Size 20) | 20"
- Thread for construction: 4 Reels (to match fabric #2)

Embroidery Thread: 3 Reels (to match fabric #1)



CUTTING INSTRUCTIONS

Fabric 1

Part A: Pintucks Cut 1 piece 7¼" x 21" | 18½ cm x 53½ cm Part B: Inside Pleats Cut 14 strips 3¼" x 6¼" | 8 cm x 16 cm Part C: Binding Channel Cut 2 strips 1½" x 20" | 4 cm x 51 cm Fabric 2 Part D: Rickrack Insert Cut 4 strips 2½" x 21" | 6½ cm x 53½ cm Part E: Ends

Cut 2 strips 5"x21" | 13 cm x 53½ cm

<u>Fabric 3</u>

Part F: Gathers Cut 2 strips 2½"x 42" | 6½ cm x 107 cm *Fabric 4* Part G: Outside Pleats Cut 14 strips 3¼" x 3¼" | 8 cm x 8 cm <u>Rickrack</u> Cut 4 lengths at 55cm | 21½" <u>Ribbon</u> Cut 2 lengths at 55cm | 21½"



INSTRUCTIONS

Honeycomb Pintucks - PART A

Threads: 3 x Embroidery Threads Needle: Right needle only Stitch Length: 2 Differential Feed: 1 Knife: Dis-engaged Chaining Finger: Position S Pre-Tension Slider: STD Attachment: Cloth Guide

Step 1

Attach the cloth guide, lining up the guide with the edge of the needle plate.

Note: See instructions supplied with the cloth guide on how to attach to the overlocker.

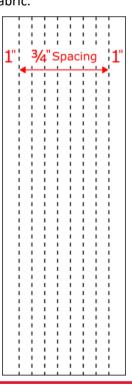


Step 2

Marking the right side of the fabric - Part A

Using the quilters ruler, measure in $1'' \mid 2\%$ cm from the long sides of the fabric piece, then draw a line down either side, the length of the fabric.

In between, mark six more lines ¾" | 2 cm apart along the length of the fabric for a total of eight (8) vertical lines.



Step 3

Fold the fabric along the first line, **wrong sides together**, so that the stitching will be on the right-side of the fabric.

Line up the fold with the edge of the presser foot & the cloth guide. Stitch along the length of the fold.

Repeat above until all eight rows of pintucks are sewn.



Step 4

Marking on the right-side of fabric - Part A.

Fold the fabric in half, lengthwise to find the centre and make a mark.

Measure out in $1'' \mid 2\frac{1}{2}$ cm increments to, across the pleated panel, for a total of 21 horizontal lines.



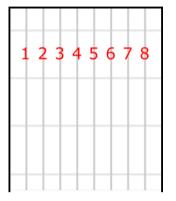


Step 5

Label the pintucks 1 to 8 across the piece.

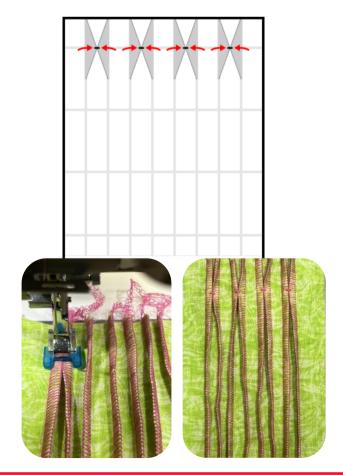
You will be folding the pintucks in alternate directions, at the horizontal lines to create a honeycomb effect.

Note: Thread up the hand sewing needle or use your sewing machine and Button sewing-on Foot (T) to sew a small bartack at each point.



Step 6

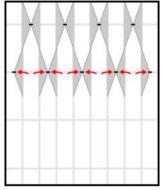
At the first horizontal line, fold the first two pintucks (1-2) in towards each other and stitch by hand or sewing machine at the point where they touch. Moving across the horizontal line, fold pintucks (3-4) and (5-6) and (7-8) together and stitch each pair.



Step 7

At the second horizontal line, fold pintuck (1) outwards, towards the raw edge and stitch by hand or machine to secure.

Moving across the second horizontal line, fold pintucks (2-3), (4-5) and (6-7) together and stitch each pair. Finish by folding pintuck (8) outwards and stitch.





Step 8

Repeat the above for the rest of the horizontal lines, folding alternate pintucks together and stitching to create a honeycomb effect along the whole panel.



Rolled Hems

Threads: 3 x Embroidery Threads Needle: Right needle only Stitch Length: R Differential Feed: 1 Knife: Engaged Chaining Finger: Position R Pre-Tension Slider: Tight Attachment: None



Binding Channel - PART C

Sew a rolled hem along both the short ends of the two (2) Part C pieces. Then, put aside.



Box Pleats - PART B-G

Step 9

Cut one (1) Part G in half and layout with six (6) full Part G and seven (7) Part B, alternating the fabrics. See below layout diagram.



Step 10

Pickup the first two fabrics; place wrong-sides together and Part G on top, roll hem the two pieces together.

Pick-up the next piece and with wrong-sides together and Part G on top, roll hem the two parts together.

Note: You will be sewing on the right-side of the fabric and every second seam is sewn in the opposite direction, so that Fabric G is always on the top.



Step 11

Always having the Part G fabric on top, repeat step 10 to sew each seam joining all the pieces into one long strip.



Step 12

Slowly sew a rolled hem along one long edge. Note: Push the rolled hem joining pieces towards Part B (inside pleat) as you sew over the seams.



Step 13

Along the raw edge, mark the centre of each of the Part B pieces. Fold the Part B pieces to bring the rolled hem edges of Part G together at this point.

Press to form the box pleats.

Repeat above to make two (2) B-G section.





Inserting Rickrack or Lace - PART D

Threads: 3 x Construction Threads Needle: Right needle only Stitch Length: 2 Differential Feed: 1 Knife: Dis-engaged Chaining Finger: Position S Pre-Tension Slider: STD Attachment: Cloth Guide

Step 14

Press each Part D piece in half lengthwise, <u>right-sides</u> together.

Place the rickrack or lace inside the fold, making sure the edge is pushed up into the fold of the fabric.



Step 15

Line up the fold with the edge of the presser foot and the cloth guide.



Step 16

Stitch along the length of the fold. Open and press to one side. Repeat above to sew (4) Part D pieces.



Gathering - PART D, F, D

Threads: 4 x Construction Threads Needle: Both needles Stitch Length: 3.5 Differential Feed: 2 Knife: Engaged Chaining Finger: Position S Pre-Tension Slider: STD Attachment: Gathering

Step 17

Take one Part F piece and place it, <u>right-side up</u>, under BOTH the overlocker foot and the arm of the gathering attachment.



Step 18

Take one Part D piece and place it , <u>right-side down</u>, under the overlocker foot but ON TOP of the attachment arm.

Note: Fabrics will be right-sides together.

Step 19

Turn the balance wheel towards you and make 2 or 3 stitches to secure the start, then stitch the length of the seam, making sure to keep the raw edges of both pieces lined up to the knife. The longer piece of fabric Part F will be gathered up as it is stitched.

Note: If required, trim any excess gathered fabric, in-line with the end of Part D.







Step 20

Repeat the above to attach the second Part D piece to the other side, gathering Part F as you sew.

Repeat the above to make two (2) D-F-D fabric sets.



Cushion Ends - PART C-E

Threads: 4 x Construction Threads Needle: Both needles Stitch Length: 2 Differential Feed: 1 Knife: Engaged Chaining Finger: Position S Pre-Tension Slider: STD Attachment: Cloth Guide

Step 21

Fold a Part C piece in half lengthwise, <u>wrong-sides</u> together.

Matching centre points and ½" | 13mm in from each end, place it on a Part E piece, <u>right-sides together</u>.



Step 22

Line-up the raw edges to the cloth guide and stitch along the length of the seam.

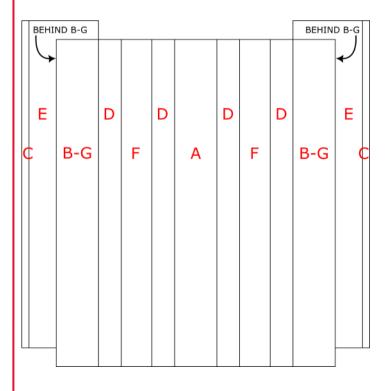
Press the seam allowance under, so Part C is pressed away from Part E.

Repeat the above to sew two (2) C-E pieces.



Construction

Threads: 4 x Construction Threads Needle: Both needles Stitch Length: 2 Differential Feed: 1 Knife: Engaged Chaining Finger: Position S Pre-Tension Slider: STD Attachment: Cloth Guide





Step 23

With one of the C-E cushion end sections, <u>right-sides</u> <u>up</u>, place one of the B-G Box pleated sections <u>right-</u> <u>sides up</u>, matching raw edges.

Then, place on top, one of the D-F-D sections <u>right-side</u> <u>down</u>, matching raw edges.

Place fabric clips along the raw edge to secure the three sections together.



Step 24

Stitch along the length of the seam, through all three layers, removing the clips as you go.

Press the seam towards Part D-F-D.

Repeat above to create the other side.





Step 25 With right-sides together, attach one of these sides to each long edge of the centre panel, Part A. Press the seam towards Part D-F-D.



Step 26

With right-sides together, fold the cushion in half, matching the raw edges.



Place fabric clips at each seam interval to secure. Slowly stitch the length of the seam , leaving a 2" | 5 cm tail of threads at each end.

Tie a knot in the thread tails and using an easy-thread Needle, thread the tails back into the overlocking stitches to secure.

Note: Make sure NOT to catch Part C ends when sewing seam.





Step 27

Using the bodkin or safety pin, thread a length of ribbon through each of the Part C channels.



Cushion Insert

Step 28

Cut a small hole in the cushion insert fabric and take out approx. 1/3 of the stuffing.

Fold the excess fabric over the cushion, rolling it up. Hand stitch the casing into place, so the insert is now a cylindrical shape.

Step 29

Place the cushion insert into the cushion cover, on both ends, pull the ribbon tight to gather the fabric up over the cushion insert.

Tie a bow with the ends of the ribbon.

FINISH

