

Fingertip Pot Holders

Taping Guide Foot

WHAT YOU WILL NEED

Janome Sewing Machine [used MC6700P for project]
Pot Holder Template [see last page of instructions]
Janome Taping Guide Foot **TG**
Janome Zig Zag Foot **A**
Janome AcuFeed Dual Foot or Even Feed Foot
Janome Purple Tip Needle #14
Janome Plastic Bobbin
Scissors (cut fabric)
Fabric Clips or Pins
Fabric marking pen or Tailors chalk
Cutting mat | Quilting ruler | Rotary cutter
Small ironing board and Iron
Bias Tape Maker (only required if cutting own bias strips)

FABRIC & NOTIONS (materials to make 2 pot holders)

Fabric 1 Top fabric - patterned or plain

- 30cm x width of fabric 107cm (12"x 42")

Alternative: Piece together fabric scraps from your stash

Fabric 2 Lining fabric

- 30cm x width of fabric 107cm (12"x 42")

Fabric 3 For making own bias strips - Plain fabric

- 1m x width of fabric 107cm (39"x 42")

Pre-made Bias Binding 18mm x 60cm + 24mm x 1.5M

Insulated Batting - 20cm x 1M (8"x 39")

Thread for construction to match main fabric colour

If your binding is a contrast colour, thread to match.

CUTTING INSTRUCTIONS

Fabric 1 [Main Fabric]

Cut 4 pieces 6" x 9" | 15cm x 23cm

Fabric 2 [Lining Fabric]

Cut 4 pieces 6" x 9" | 15cm x 23cm

Fabric 3 [making own Bias strips]

Cut bias strips 1.5" | 3.5cm to length 60cm | 23.5"

Cut bias strips 2" | 5cm to length 150cm | 59"

Insulated Batting

Cut 4 pieces 6" x 9" | 15cm x 23cm

Pre-made Bias Binding

18mm x 60cm (do not cut)

24mm x 1.5M (do not cut)



INSTRUCTIONS

Step 1

Layer up the fabric to make 4 quilt sandwiches.
Lining fabric | Insulated batting | Top fabric



Note: Photographed to show layers. Fabric layers do sit evenly on each other.

Step 2

Attach the Dual AcuFeed Foot or Even Feed Foot.
Thread machine with matching thread top and bobbin.
Quilt the layers together, in your preferred pattern.
Continue until all 4 quilt sandwiches are quilted.



Step 3

Take the cut-out Pot Holder Template, place it on one of the quilted panels and trace around the Template. Do the same with a 2nd quilted piece & cut out.



Step 4

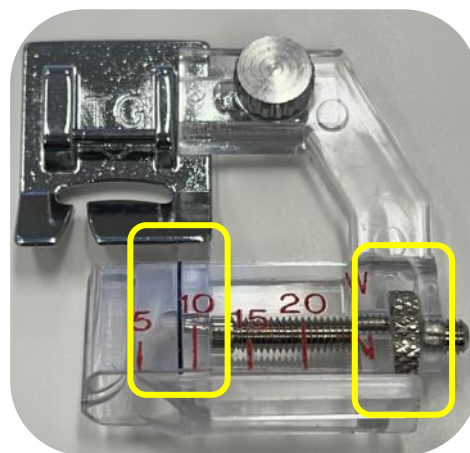
The remaining 2 quilted pieces are for the pockets.
Lay the Pot Holder template, trace around the template, then mark the pocket cut lines. Do the same with the other quilted piece and cut out the 4 pockets.



Step 5

Adjusting the Taping Guide Foot.

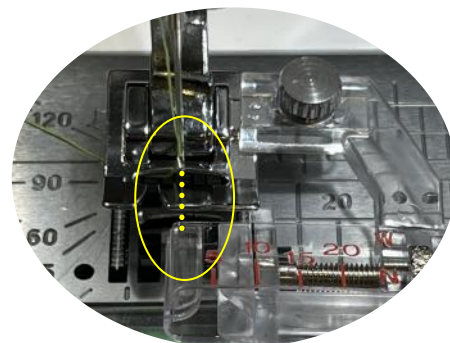
Using the front screw, move the black mark until it is sitting at approx. 8mm, which is the finished width of the binding.



Attach the Taping Guide Foot to the machine.

TIP: If required, adjust either the guide with the back screw, or needle position on your machine so that the needle sits just in from the edge of the left hand side of the guide.

NOTE: If using your own cut bias strips, please refer to the instructions on your bias tape maker to prepare the bias by pressing the raw edges in.



Step 6

Using the 18mm bias binding, fold the start of the bias strip in half and feed through the guide.

Take the pocket pieces and feed the straight edge inside the folded bias and guide, then under the foot.

Stitch along the binding to bind each pocket piece on the straight edge.



Step 7

Aligning the curved raw edges, place 2 pocket pieces, right sides out, onto each Main piece.

Attach the Zigzag foot **A**

Baste the layers together with a small zigzag stitch around the raw outside edge.

Stitch Width: 3.6 Stitch Length: 1.0

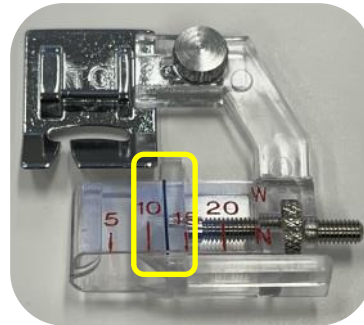


Step 8

Adjust the Taping Guide Foot to 12mm.

Adjust the needle drop position to 6.0

TIP: Engage pivot function, if your machine has this feature.



Using the 24mm bias binding, fold the start of the bias strip in half and feed through the guide.

Take the basted pot holder and feed the edge inside the folded bias and guide, then under the foot.

Begin stitching next to the pocket bound edge.



Sew slowly around the corners.

*TIP: Raise the foot after each stitch to allow the fabric to ease around the curve.
OR engage Floating Mode, if your machine has this function.*

As you come around the last corner, trim excess binding at the starting point of the binding. Cut it off in-line with the bound pocket edge.



Step 8 cont.

Overlap the end of the bias, stopping at the centre point with the needle down.

Keeping the needle down, raise the foot and pull the bias out at an angle so the edge comes off the side of the potholder.



Continue stitching on the folded bias tape only for approx. 15cm | 6" to form a tail.

Trim any excess bias, beyond the sewn 15cm | 6"



Fold the raw end of the tail up and back onto the edge of the potholder to form a loop. Pin or clip to hold in position.

Attach the zigzag foot (A) and stitch the loop end into position.



Give the fingertip pot holders a press with a dry iron.

Ready to use or to give as a gift.

FINISHED

JANOME

AOTM
Pot Holder

Attach Bias

CUT LINE FOR POCKET

Attach Bias

Loop Position

Attach Bias

CUT LINE FOR POCKET

Print
test
square
1"