

# DIY Project

## Simple Drawstring Back Pack

### WHAT YOU WILL NEED

- Janome Sewing Machine with decorative stitches
- Janome Needles #14 sharp for stitching through layers
- Standard Sewing Foot
- Finger Guard Foot - recommend if sewing with Children would be the Janome finger guard foot for this project
- Janome plastic bobbins
- Scissors or thread snips
- Temporary fabric marker (*for marking fabric*)
- Ironing board & iron or something to press fabric (fingers can also work!!)
- Fabric Glue
- Bobby Pin
- Sticky Tape



### FABRICS & NOTIONS

- ½ metre main fabric
- 170cm x cording (for shoulder straps)
- 16cm x ribbon
- Sewing Thread
- ½ metre iron-on interfacing (medium) (optional)



### INSTRUCTIONS

#### Step 1 - Cut your fabric

Place main fabric on the cutting surface.

Measure 32cm along the short edge (top of the fabric)  
Measure 42cm along the long edge of the fabric.

Cut the fabric to the size



### CUTTING INSTRUCTIONS

- 2 x 42cm x 32cm main fabric
- 2 x 85cm cording for straps
- 2 x 6cm ribbon
- 2 x 40cm x 30cm interfacing (optional)

**(OPTIONAL— if you want a stronger bag, attach interfacing to your pieces of fabric)**

If using interfacing, place your interfacing glue side up on your ironing surface. Then place your decorative fabric right side up on top of the interfacing matching all the edges. Using your iron press from the centre out to adhere the interfacing to your fabric.

#### Step 2 - Mark lines on the main fabric

Place your main fabric wrong side up on the table. We are going to mark some sections on the fabric using our temporary fabric marker.

(If your main fabric has a pattern make sure you know which is the top of the pattern—You don't want your design to be upside down!!).

From the top edge of the fabric, measure and mark the following 3 measurements along the long edges.

Mark 2.5cm, 5cm and 7.5cm from the top edge.



## Step 3 - Mark line for ribbon placement

Turn your fabric right side up.

From the bottom edge of your fabric, along the long edge mark with your fabric marker a mark at 2cm.



## Step 4 - Attach Ribbon

Above the 2cm mark (just marked) at the bottom edge of the main fabric (right side up) place some fabric glue.



## Step 5 - Attach Ribbon

Lay right side of ribbon on top of glue matching rough edge of ribbon with edge of fabric.



Do the same to the other side.

## Step 6 - Make Ribbon Loop

Put a small blob of glue on the top of the ribbon near the raw edge.

Fold the ribbon in half to make a loop. Press with fingers to glue together.



Do the same to the other ribbon.

## Step 7 - Prepare for stitching

Take your piece of fabric that has the looped ribbons and place it right side up on the table.

Take your other piece of fabric wrong side up and place it on top of the other piece of fabric, matching all edges.

Pin in place.



## Step 8 - Stitch Side Seam (Standard Sewing Foot)

Stitch 1cm from the edge (top) of the fabric along the long edge down to the 5cm mark (2nd Mark).



Reverse Stitch. Cut thread.



## Step 9 - Stitch Side Seam (Standard Sewing Foot)

Move fabric to 7.5cm mark (3rd mark) and position needle 1cm from edge.

Stitch a couple of stitches and then reverse back to start. (Or on a Janome Computerized Sewing Machine use the stitch that looks like this.

This stitch automatically does a reverse stitch for you.)



Continue to stitch all the way to the bottom of the bag.

Stitch the other side seam the same way. Two side edges done!!



## Step 10 - Stitch Bottom Seam (Standard Sewing Foot)

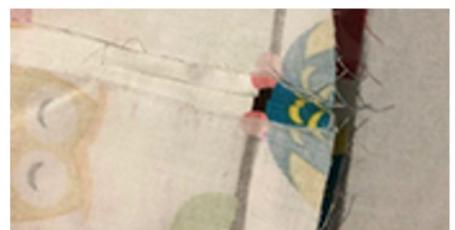
Stitch along the bottom edge of the fabric, 1cm from the edge, sew the entire length to create the bottom seam.

Bottom edge done!!



## Step 11 - Press Side Seams Open

At the top of the bag press the side seams open.



## **Step 12 - Press Top of Bag**

On the wrong side of the fabric, at top of the bag press the seam allowance down at the 2.5cm (1st mark).



## **Step 13 - Press Top of Bag Again**

Fold the pressed edge over again down to the 5cm (2nd mark).



## **Step 14 - Topstitching**

On the sewing machine set the folded edge close to the side of the foot. Stitch as close as you can to the folded edge to topstitch in place.



## **Step 15 - Turn Right Side Out**

Turn the bag to the right side. Make sure your ribbons have been sewn in place and you have openings at the side seams near the top edge of the bag.



ALMOST THERE!!!!

## **Step 16 Insert Cording for straps—1st Cord**

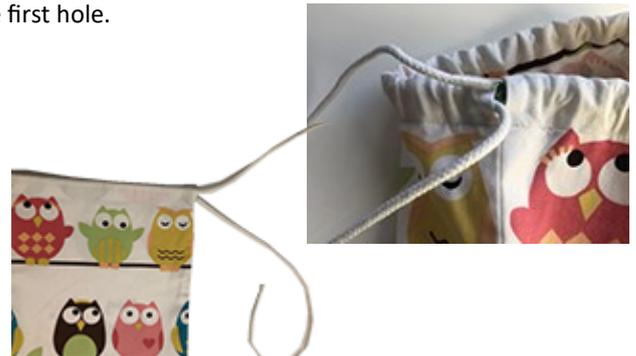
Take one piece of cord. At the end of the cord wrap a piece of sticky tape. (This stops the bobby pin damaging the cord) Insert bobby pin into the end of the cord.



At the top of the bag, insert the bobby pin and cord and thread into the hole at the side seam. Thread it through until it comes out the other side.



Flip the bag and thread it through the other hole on the side of the bag. Continue threading through until it comes out the first hole.



## **Step 17 - Insert Cording for straps—2nd Cord**

Take the other piece of cord. At the top of the bag, on the opposite side to where the first cord comes out, insert the bobby pin and cord and thread into the hole at the side seam. Thread it around past the hole on the opposite side and back around to the beginning.



## Step 18 - Thread Cord through ribbon loop

Thread one end of the cord through the ribbon loop.



Align the other end of the cord with the cord that is threaded through the loop.



Tie the cords together in a knot.



Do the same to the other cord on the other side.

**Congratulations  
your finished.  
It's time to play.**

